

## **Orange Belt**

-O'

-Mount-Ezekial

-Mount Escape- Hip Bump into Guard

-Mount Armbar Defense- Knee over head

-Side Control- Reverse Kasakatomi

-Kasakatomi Escape- Fist in Collar

-Guard- Push Sweep

-Guard- Toriando Pass

-X-Guard- Stretch Sweep

-Back Mount Escape- Belly Down- Trap Leg-Scrape Hook Off- Kick

-Headlock from Standing Defense