

Yellow/Black Belt

-Guard Pull

-Mount- Americana

-Mount Americana Defense- Bridge/Arm In

-Side Control to Kasakatomi

-Kasakatomi Escape- Bridge/Roll

-Guard- Scissor Sweep

-Guard- Standing Cut Across Pass

-Open Guard Leg Sweep

-Back Mount Escape- Arm over the Head

-Back Mount Gi Choke Defense

-Side Roll

-Rear Bear Hug Over Arms Defense